Beyond Resistance: Understanding Ambivalence in Treatment

Date: Friday October 16, 2020
Time: 12:00 - 1:30 PM
Registration Link: https://us02web.zoom.us/webinar/register/WN_YaeYMhZwQLq1uH4oks1SyQ

This presentation will address current obstacles healthcare providers encounter with client ambivalence and introduce useful solutions.

Learning Objectives:
- Participants will be able to reconceptualizing client ambivalence as an opportunity for change.
- Participants will be able to identify three ways of understanding client resistance as a treatment accessibility problem.
- Participants will be able to identify three ways of unpacking treatment impasses; getting to the heart of the ambivalence.
- Participants will be able to identify three ways of transforming client ambivalence into productive change.

Guest Speaker: Joy Tanji, Ph. D.
Associate Professor, Hawai’i School of Professional Psychology at Chaminade University of Honolulu

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